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MAISON wiloh

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A New Year of Connection & Community

February is the month of Valentine's Day, a reminder that connection, friendship, and compassion are at the heart of strong communities. In this newsletter, we're sharing stories that reflect those values: volunteers stepping up, partners leaning in, and new ways our community is helping Maison WILOH move forward.

Whether it's amplifying a message, supporting a local initiative, or simply staying engaged, every connection matters. **Join us this February**: share this newsletter, follow our updates, reach out to learn how you can get involved, or consider supporting our mission. Together, we're building a future where every adult belongs.

Community Meetings & Events



Community Through Communication

CTC (Community Through Communication) brings together members of the Maison WILOH Project for meaningful, relaxed conversations in a welcoming and respectful setting. Gatherings are hosted in the home of a participating member, creating a comfortable space where ideas are shared, experiences are exchanged, and connections grow naturally.

These monthly meetings encourage open dialogue, mutual learning, and community building. Sessions alternate between daytime and evening and last approximately two hours. The only contribution asked is your presence, your voice, and if you wish, a small treat to share.

Upcoming gatherings

- **February 20** — 6:00 p.m.
- **March 23** — 9:30 a.m.
- **April 17** — 6:00 p.m.
- **May 18** — Time to be confirmed

Thinking of joining the group? Send us an email.

Irena, Veronica and Sofia.

Email us

Volunteer Spotlight:
Lise Bougie

Commitment in Action



Lise is the mother of Jonathan, a young man with a strong interest in music and sports.

Jonathan is active and resourceful, but he requires guidance and cannot live independently. Like many parents, Lise is concerned about the future. The housing options currently available are limited and often do not align with her son's needs or aspirations.

Lise got involved with the **Users' Committee for DITSADP** programs (intellectual disability, autism spectrum disorder, and physical disability) and later accepted the role of **Committee President**, a vital position she has embraced wholeheartedly.

Throughout her career, Lise has been both an entrepreneur and a federal public servant, two very different paths that now serve her well in her advocacy and leadership work.

Most importantly, her involvement has helped revive this essential committee, which gives a voice to service users, caregivers, and families. It provides support when questions or concerns arise, facilitates dialogue with program directors and managers, and ensures that important information reaches those it affects.

Lise has opened the door to others who wish to get involved and contribute to creating a better environment for people living with DITSADP.

She is **actively engaged with Maison WILOH** in the search for adapted, welcoming housing for her son Jonathan.

Lise is one of those people who acts quietly but purposefully, moving steadily toward the goals she believes in. Her impact is meaningful and deeply appreciated.

Thank you Lise!

Find out about the ID-ASD-PD Users Committee.

learn more

Mark Your Calendar



Quebec Intellectual Disability Awareness Week

The 38th edition of Quebec Intellectual Disability Awareness Week will happen from **March 15 to 21, 2026**. This week is an opportunity to raise



Mark the date: An invitation will soon be sent!

Spring is around the corner, and we're happy to announce our **annual Sugar Shack trip** on **Saturday, March 21**. It's a wonderful chance to come

awareness among the entire population about the realities faced by people with intellectual disabilities and their families through inclusive awareness activities offered throughout the province.

learn more

together, enjoy a classic Quebec tradition, and share a warm moment as a community.

Interested in attending?

Reach out to us for full details.

learn more

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Find our previous Newsletters on the Maison Wiloh website!

Missed our January newsletter and updates?
You're not alone, but we've made it easy to catch up.

Our **previous editions are now available on our website**, offering insights into our mission, community highlights, and the conversations shaping inclusive housing for neurodivergent adults.

Take a moment to explore, revisit, and share the stories that continue to move Maison WILOH forward.

view the page



Maison WILOH

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