Maison WILOH

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A Moment of Gratitude

Thanksgiving gives us a reason to reflect on the people who help carry a vision forward.

For Maison WILOH, that means the families who share their experiences, the volunteers who give their time, the partners who open doors, and the community members who continue to believe in the importance of creating more inclusive housing options for neurodivergent adults.

We are grateful for every conversation, every connection, and every act of support that helps move this work ahead.

From all of us at Maison WILOH, Happy Thanksgiving.

discover our mission

Acceptance, Inclusion and Support



October is **Canadian Autism Acceptance Month**, and World Mental Health Day is recognized on October 10.

Together, they remind us that inclusion means supporting both neurodivergent adults and the families who care for them.

At Maison WILOH, our vision is to create a home that encourages independence, belonging, and individualized support, while also recognizing the importance of respite, community, and long-term peace of mind for caregivers.

Acceptance grows through conversation. Inclusion grows through action.

Help us move that action forward. **Share our mission, start a conversation, and help build greater awareness around the need for inclusive housing and support for neurodivergent adults and their families.**

our mission



Discover Light a Dream - Save the Date!

Light a Dream helps young adults with intellectual disabilities build confidence, independence, and employment skills through hands-on experience at their candle store in Pointe-Claire.

Join them on **October 30, 2026, for their Casino & Auction Night!** Enjoy casino games, great food, door prizes, and an auction, all while supporting this meaningful local initiative.

Tickets available in-store and online!

Purchase tickets here.

Visit Light a Dream at 63B Donegani, Pointe-Claire, and discover the difference they are making in our community.

learn more



Making Halloween More Inclusive

For many of our young adults, Halloween is one of the most anticipated celebrations of the year. Choosing a costume can become an important topic of conversation weeks in advance, and many look forward to wearing it proudly to their activities at the end of October.

At the same time, Halloween can also feel overwhelming for some neurodivergent individuals. Loud noises, flashing lights, crowds, and unexpected interactions can all add to sensory overload.

Three simple adjustments can make Halloween more inclusive:

- **Reduce sensory overload:** Keep music and decorations at a comfortable level, avoid flashing lights when possible, and offer a quieter space for anyone who needs a break.
- **Be flexible with participation:** Not everyone will wear a costume, say “trick or treat,” make eye contact, or stay for the full activity. Participation can look different for everyone.
- **Create predictability:** Clearly explain what to expect, keep activities simple, and allow people extra time to transition between activities or respond at their own pace.

Halloween can be joyful, social, and meaningful when everyone is given the space to participate in a way that feels right for them.

our mission



A MONTHLY LOOK at the progress, partnerships, and actions helping move Maison WILOH forward.

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Our Community Through Communication (CTC) meetings give families a welcoming space to connect, exchange practical information, and talk openly about housing, support, and planning for the future. These conversations also help ensure that family experiences continue to shape Maison WILOH as the project grows.

Upcoming CTC dates:

- Friday, October 16 — 6:00 PM
- Monday, November 16 — 9:30 AM
- Friday, December 11 — 6:00 PM

contact us

Maison WILOH at Plaza Pointe-Claire's Community Awareness Day

On September 19, Maison WILOH joined 20 other non-profit organizations for our second year at Plaza Pointe-Claire's Community Awareness Day, where we shared our mission and connected with families and community members.

We also had the opportunity to speak with **Francis Scarpaleggia**, Speaker of the House of Commons, about Maison WILOH's mission and the need for long-term housing and respite solutions.

A community survey found that 85% of respondents know someone with an intellectual disability and/or autism, reinforcing the importance of awareness, understanding, and support.

Thank you to Plaza Pointe-Claire for helping bring our community together and raise awareness about this important need.







Upcoming Events & Important Dates

The events ahead offer meaningful opportunities to come together, support important causes, build new relationships, and keep inclusion at the centre of the conversation. Each connection helps expand the network of people working toward a more supportive and inclusive future for neurodivergent adults.

Saturday, October 10 – World Mental Health Day

Wednesday October 28 - Fondation Vero & Louis - Innovative living environments for autistic adults: Insights from lived experience and research

Friday October 30th - **Light a dream** Casino & Auction Night) Purchase tickets here

Monday, November 23 – Save the date for Maison WILOH's AGM. We will send an invitation with the details to our members.

stay up to date

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Our work continues

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Our **previous editions are now available on our website**, offering insights into our mission, community highlights, and the conversations shaping inclusive housing for neurodivergent adults.

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Maison WILOH

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